

Training Programme on Health

“Good Health Without Medicines”, an ID course for both for Jaycees and non Jaycees was organised at our RJC Office. Sri Vijay Krishna Bansal, enriched our members and guests with the techniques with which one could stay healthy without medicines. The course was attended by more than 50 members and 20 non jaycees, on 13th January 2008. Jc. Manish Dhanuka was the project chairman whereas Jc. JFM Sumit Saraf also contributed to make this event a success. ID Courses have always been the backbone of the Jaycee Movement.

